

SUPPORTING PEOPLE IN SALFORD TO LIVE WELL



Friendly, safe and welcoming
resource centre in the heart
of Salford's community for those
with disabilities and older people.

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St Georges Resource Centre supports a diverse group of people with a range of disabilities and health needs.

We offer:

- support with communication, living skills and well being
- activities – drama, singing, arts & crafts, exercise, IT, gardening and more
- an opportunity for individuals to experience a professional catering environment with accredited learning
- inclusion in community events
- quiet spaces and meeting rooms
- on-site café offering daily specials and themed days

Safe, relaxed and friendly space to meet other people, and take part in a range of social activities.

Our activities range from arts and crafts, performing art and sports and leisure. We share life skills, and knowledge on health and wellbeing to promote independence and choice for each individual, and also support people with a wide range of recreational and therapeutic services and activities in the community.

"I ENJOY COMING TO ST GEORGES, AS I LIKE MEETING MY FRIENDS, I LIKE DRAMA, WELLBEING SESSIONS AND GOING OUT."

- Andrew

Our dedicated team provides a friendly but professional environment and helps everyone who comes through the doors to have fun, and learn and we love seeing new friendships being formed. Come along and join us.

St George's Resource Centre is open five days a week, Monday to Friday, between 8.30am and 4.30pm.*

*flexible services are available outside of core hours, please contact the centre to discuss



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