

Humphrey Booth Resource Centre Swinton

SUPPORTING PEOPLE IN SALFORD TO LIVE WELL



Friendly, relaxed, safe and
welcoming resource centre in
the heart of Salford's community.

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The Humphrey Booth Resource Centre is the headquarters for Aspire. It is a warm and welcoming purpose-built space – designed as a relaxing and safe community area offering personalised care and support.

We offer:

- Activities sessions, from exercise and singing to arts and crafts.
- An on-site cafe open between 9am and 2pm, with daily specials and themed days.
- Informal and formal meeting spaces available for carers, community groups and professionals. *charges may apply
- A dedicated team to respond to individual needs, providing support, information and advice, as well as signposting to other services.
- Free wifi

At Humphrey Booth, we specialise in support for people with dementia and their carers, older people, and people with learning disabilities.

The centre also welcomes members of the public to use the space – from community groups to health care professionals – whether that be in the informal cafe area or one of our equipped meeting rooms.

"ALWAYS A HAPPY AND FRIENDLY ATMOSPHERE, MAKING EVERYBODY FEEL WELCOME."
- Sandra

Our team will offer support on health and wellbeing, life skills, as well as encouraging you to join in with activities and community events. We also offer training and education to care providers; from families to professionals.

Come along for a chat and a cuppa and see us what we have to offer for you in the heart of your community.

Humphrey Booth Resource Centre is open five days a week, Monday to Friday, between 8.30am and 4.30pm.*

*flexible services are available outside of core hours, please contact the centre to discuss



Aspire for Intelligent Care and Support (CIC)
Humphrey Booth Resource Centre
16-18 Worsley Road



Swinton,
M27 5WW
0161 607 7101



aspire@iamaspire.org.uk



iamaspire.org.uk



@AspireSalford



/AspireCareSupport



aspiresalford

Personal Creative Honest Excellent

Company Registration No. 09360642