

SUPPORTING PEOPLE IN SALFORD TO LIVE WELL



Friendly, relaxed, safe and welcoming resource centre in the heart of Salford's community for older people and those with learning disabilities.

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Brierley House Resource Centre provides person-centred support for older people, people living with dementia and those with a learning disability.

We offer:

- support with communication and living skills
- Activities and games – from reading groups, arts and crafts, singing and baking
- Promoting physical wellbeing through exercises, gardening, dance and drama
- hot meals served daily
*charges apply
- support with personal care; including bathing and having your hair done
- reminiscence and music session

The centre offers a safe, warm and welcoming place to meet other people, enjoy a good meal and take part in a range of social activities.

Our activities range from arts and crafts and singing to baking and bingo. We share life skills, and knowledge on health and wellbeing to promote independence and choice for each individual. We can also help with your personal care.

"I LIVE ON MY OWN SO I ENJOY KEEPING BUSY AND MEETING NEW PEOPLE. THERE'S ALWAYS SOMEONE TO TALK TO AND LISTEN TO YOUR PROBLEMS. EVERYONE IS REALLY HELPFUL AND THERE'S ALWAYS SOMETHING TO DO." – Winifred

Our dedicated team provides a friendly but professional environment and helps everyone who comes through the doors to have fun, and we love seeing new friendships being formed. Come along and join us.

**Brierley House Resource Centre is open five days a week,
Monday to Friday, between 8.30am and 4.30pm.**

*flexible services are available outside of core hours, please contact the centre to discuss



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Personal Creative Honest Excellent

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