



**Humphrey Booth Community Hub and Café**



## About Aspire...

**We provide extraordinary support for exceptional people living with Dementia and Learning Disabilities in Salford and the surrounding areas.**

**Offering a range of day services, respite care, supported living, and community and carer support, we help people to live their lives, their way.**

**We are passionate about supporting people to achieve their own personal goals, dreams, and ambitions. Our dedicated and experienced team thrives on creating meaningful experiences and connections for every person we support. We understand that every person is unique and believe in taking a person-centred approach, advocating choice and individuality for all.**

## Humphrey Booth Community Hub and Café

**The Humphrey Booth Community Hub is the headquarters for Aspire. It is a warm and welcoming community hub, and home to our dementia-friendly Forget Me Not Café.**

**Located in Swinton we support our local community, in particular people with dementia and their carers, older people, people with learning disabilities and volunteers.**

**We offer a full program of activities to help provide opportunities for social inclusion, improving wellbeing, practical and emotional support, and much more.**





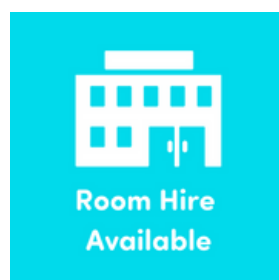


## What's available at Humphrey Booth Community Hub...

We offer a wide range of activities led by the Aspire 2 Age Better older person champions, including Bingo, Indoor Kurling, Tai Chi, Talk, Eat and Discuss (TED), an older person choir, and much more. We also work in partnership with Dancing with Dementia, to offer a weekly dance social with live music.

We have a range of rooms and spaces available for hire to community groups, health care professionals, or wellbeing services- including our informal café area and a selection of professionally equipped meeting rooms.

Come along for a chat and a cuppa and see what we have to offer for you in the heart of your community.






## Get in Touch

To find out more, or to arrange a visit, please get in touch:

 [aspire@iamaspire.org.uk](mailto:aspire@iamaspire.org.uk)

 0161 737 6923

 [iamaspire.org.uk](http://iamaspire.org.uk)

## How to find us...

 **16-18 Worsley Road,  
Swinton, M27 5WW**

 **Free Parking**

 **Fully Accessible**

 **Bus stops directly  
outside**

 **Taxis can be  
arranged**

