





## About Aspire...

**We provide extraordinary support for exceptional people living with Dementia and Learning Disabilities in Salford and the surrounding areas.**

**Offering a range of day services, respite care, supported living, and community and carer support, we help people to live their lives, their way.**

**We are passionate about supporting people to achieve their own personal goals, dreams, and ambitions. Our dedicated and experienced team thrives on creating meaningful experiences and connections for every person we support. We understand that every person is unique and believe in taking a person-centred approach, advocating choice and individuality for all.**

## Alexandra Community Hub

**Alexandra Community Hub is located on Liverpool Road in Eccles and supports people living with learning disabilities, dementia, and older people.**

**'Alex' offers a warm and welcoming place to meet other people, take part in a range of social activities and share life skills. Our activities include arts and crafts, singing, baking, indoor kurling, bingo, and much more, with an emphasis on improving health and wellbeing, and promoting independence and choice for each individual.**

**Our dedicated team is specially trained in a range of support services including Total Communication, sign-along, moving and handling, etc, and helps everyone who comes through the doors to have fun, make new friendships, and feel a part of their local community.**





## What's available at Alex...

Alex has been specially designed to ensure we fully meet the needs of those whom we support, with a large common space for group activities and smaller rooms for more focused or specialised activities. Our fully equipped kitchen serves a range of nutritious meals, drinks, and snacks throughout the day.

We also offer personal care facilities, including bathing assistance, and have an onsite physiotherapy suite and clinician room for visiting physiotherapists and other health services.

To find out more about our facilities, room hire availability or to arrange a viewing please contact us using the details overleaf.



Social Groups  
and Activities



Physiotherapy



Personal Care  
Facilities



Medication  
Care



Room Hire  
Available



Fully  
Accessible




0161 737 6923



## Get in Touch

To find out more, arrange a visit, or for information on how to make a referral, please get in touch:

 [alex@iamaspire.org.uk](mailto:alex@iamaspire.org.uk)

 0161 788 0636

 [iamaspire.org.uk](http://iamaspire.org.uk)

## How to find us...

 **395 Liverpool Road, Eccles, M30 7HB**

 **Free Parking**

 **Fully Accessible**

 **Bus stops directly outside**

 **Taxis can be arranged**

